

B3. Be Forgiving – Seek more of God no matter who you have to forgive. *Foxes Book of Martyrs* has many stories of Christians and their sufferings. Take some time to strengthen yourself to be strong in the face of battle. *(Clean out all remaining wrongs.) 12 step study helps.*

1. Forgiving is the key to our experience with Christ. Jesus did what we could not do and He expects us to do our part. **Matthew 6:14** *If you forgive others for the wrongs they do to you, your Father in heaven will forgive you.*

Who do you need to forgive?

2. **Mark 11:23** *If you have faith in God and don't doubt, you can tell this mountain to get up and jump into the sea, and it will. v24* *Everything you ask for in prayer will be yours, if you only have faith. v25* *Whenever you stand up to pray, you must forgive what others have done to you. Then your Father in heaven will forgive your sins. In the forgiveness, what must we release to make things right concerning our offenders? (Emotions ch 4)*

1.
2.
3.
4.

3. **If in doubt, forgive. Why is this a good rule of thumb?**

- 1) **Forgive me for what I have done wrong.**
- 2) **Forgive me for what you thought I did wrong.**
- 3) **I forgive you for what you did wrong.**
- 4) **I forgive you for what I thought you did wrong.**
- 5) **I forgive myself.**
- 6) **God I forgive You for what You did not do that I expected.**

4. Model of forgiveness: Growth comes with understanding the process of forgiveness. This simple model works. All the bases are covered. Can you make appointments to talk to these persons and forgive in person? Time to start. (*Read Emotion ch 5*)

1.

2.

3.

5. Phillipians 4:6 *Don't worry about anything, but pray about everything. With thankful hearts offer up your prayers and requests to God. v7 Then, because you belong to Christ Jesus, God will bless you with peace that no one can completely understand. And this peace will control the way you think and feel.*

How do we ask God to take care of the wrongs in our life?

1.

2.

3.

Matthew 5:22 *But I promise you that if you are angry with someone, you will have to stand trial. If you call someone a fool, you will be taken to court. And if you say that someone is worthless, you will be in danger of the fires of hell. v.23 So if you are about to place your gift on the altar and remember that someone is angry with you, v.24 leave your gift there in front of the altar. Make peace with that person, then come back and offer your gift to God.*

